



2026

SAUGERTIES LITTLE LEAGUE

SAFETY MANUAL
FOR
MANAGERS AND COACHES

Play Hard, Play Fast, Play Safe

League I.D. Number
232-15-08

Saugerties Little League

SAFETY CODE AND POLICY STATEMENT

1. Responsibility for safety procedures should be that of the Safety Officer and all volunteer adult members of the Saugerties Little League. Our League's Safety Officer is on file with Little League Baseball and will be updated upon any change of personnel. A copy will also be available via our website.
2. The paper copy of the League Safety Policy will be distributed to all board members, managers, and coaches and shall be reviewed to ensure compliance.
3. The safety policy and facility survey will annually be provided to Little League Baseball Inc.
4. All little league volunteers must fill-out an application form for background checks against the sex offender registry. The league Safety Officer shall complete this background check annually. (Copy of Volunteer Form is attached)
5. Little league coaches must be trained in first aid, and in coaching, mechanics/fundamentals of baseball and/or softball.
6. Safety Manual is held at the concession stand. There is an AED located in the concession stand along with a first aid kit. Smaller first aid kits are stored in the field box at each field, containing ice packs and bandages. If a coach/manager notices that the first aid kit is missing or low on supplies they should contact the Safety Officer immediately. ****If a team is traveling it is the responsibility of the coach/manager to ensure that they bring one of the aforementioned first aid kits with them.****
7. Emergency services (911) will be informed of all practices and game schedules, and at least one adult with a cell phone will be available.
8. Concession stand personnel will follow safe food handling / preparation, per food safety handling procedures.
9. No games or practices should be held when weather or field conditions are not safe, particularly when lighting is inadequate.
10. Play areas should be inspected frequently for holes, damage, stones, glass, and other dangerous conditions.
11. All team equipment should be stored within the team dugout area or behind the fences and not within the area defined by the umpires as (in play).
12. Only managers, coaches, players, and umpires are permitted on the playing field or in the dugout during the games and practices.
13. Responsibility for keeping bats and loose equipment off the field of play should be that of the player assigned for this purpose or the team's manager and coach.
14. Procedure should be established for retrieving foul balls battered out of the playing area.
15. During practice and games, all players should be alert and watch the batter on each pitch. Coaches are responsible for ensuring the safety of players during

- infield/outfield practice. Coach shall ensure that prior to batting a practice ball, that he has eye contact of all players in the vicinity of where the ball will be hit. Coach shall also ensure that no infielder is in line with an outfielder who is about to hit a practice ball. Coaches will instruct players to be alert and report any players who pose a safety risk to the League President and Safety Officer.
16. During warm up drills players should be spaced so that no one is endangered by wild throws or missed catches.
 17. All pre-game warmups should be performed within the playing field.
 18. Equipment should be inspected for condition and for proper fit.
 19. Batters must wear approved protective helmets during practices and games.
 20. Catchers or any other player warming up a pitcher must wear catchers' helmet, mask, & throat guard. Chest protector, shin guards, and protective cup (for males) will be worn at all times by catchers during practices and games.
 21. Except when a runner is returning to a base, head- first slides are not permitted.
 22. During practice or game bases will not be strapped down or anchored.
 23. At no time should horseplay be permitted on the playing field.
 24. Parents of players who wear glasses should be encouraged to provide safety glasses.
 25. Players are not permitted to wear watches, rings, pins, or metallic items during games or practices.
 26. On deck batters and warm up swings are not permitted.
 27. Adults may not warm up pitchers.
 28. Any incident that causes a player or any other person on Saugerties Little League property to be injured should be reported to the Safety officer within 24 hours.
 29. Information regarding the date, time, place, name and phone of the injured party and details of the incident should be provided to the League Safety Officer, along with a completed accident/incident report, which can be found in the concession stand.
 30. Emergency contact list is attached and will be kept in the concession stand for each complex.
 31. League player registration data or player roster data and coach and manager data must be submitted via the Little League Data Center at www.LittleLeague.org.

SAUGERTIES LITTLE LEAGUE

Emergency Contacts

Board Members:

Jay Mooers (President)	845-532-9639
Vinnie Longo (Vice President)	845-249-0600
Nick Granwehr (Treasurer)	845-430-8777
Joe Temple (Secretary)	845-594-9278
Chris Mayone (Player Agent)	845-943-9990
Sarah Walls (Girls Coaching Coordinator)	845-663-4532
Mike Pugliese (Boys Coaching Coordinator)	845-594-1385
Ryan Arold (Safety Coordinator)	845-518-8008
Ray Tucker (Advertising/Sponsors)	845-416-2530
Nick Bernard (Equip. Manager)	518-928-6753
Maureen Mayone (Website/Tech.)	845-389-9189
Patricia Tiano (Umpires)	518-821-2967
Jamie Monroe (Concessions)	845-594-8348

Fire/Ambulance/Police:

Diaz Ambulance	845-246-9097
Saugerties Fire Dept.	845-246-9701
Glasco Fire Company	845-246-9600
C.A. Lynch Fire Company	845-246-2027

Saugerties Police

845-246-9800

NY State Police

845-338-1702

Poison Control Center

1-800-222-1222

U.C. Health Dept.

845-334-2145

Medical Emergency Procedures

- Give first aid and have someone call 911 immediately if an ambulance is necessary. (I.e. severe injury, neck or head injury, not breathing – err on the side of caution.)
- Notify parents immediately if they are not at the scene.
- Fill out a Preliminary Accident Report.
- Notify the league safety officer by phone within 24 hours.
- Talk to your teams about the situation if it involves them. Often players are upset and worried when another player is injured. They need to feel safe and understand why the injury occurred.
- Talk to anyone in the league you feel will be helpful.
- Saugerties Little League insurance is supplemental to your own insurance policy. (Clams must be filed with the League Safety Officer.)

Communicable Disease Procedures

NOTE: While risk of one athlete infecting another with HIV / AIDS during competition is close to nonexistent, there is a remote risk other blood borne infectious disease can be transmitted. Procedures for reducing the potential for transmission of infectious agents should include, but not limited to the following.

- Bleeding must be stopped; the open wound covered and if there is any excessive amount of blood on the uniform it must be changed before the athlete may participate.
- Routine use of gloves or other precautions to prevent skin and mucous membrane exposure when contact with blood or other body fluids is anticipated.
- Immediately wash hands and other skin areas if contaminated with blood or other body fluids. Wash hands immediately after removing gloves.
- Clean all blood contaminated surfaces and equipment with a solution made from a proper dilution of household bleach. (1-part bleach / 100-part water) or other disinfectant.

- Although saliva has not been implicated in HIV transmission, to minimize the need for emergency mouth-to-mouth resuscitation, mouthpieces, or other devices should be used.
- Follow acceptable guidelines in the immediate control of bleeding and when handling bloody dressings, mouth guards and other articles containing body fluids.

Illness Procedures

A spectator with any of the following conditions should not attend a practice or game until evaluated by a medical provider and given clearance to do so:

- Active COVID-19 infection or known direct contact with an individual who has tested positive for COVID-19
- Fever
- Cough

Those at higher risk for severe disease should consider consultation with their medical provider before attending a game and should ensure the strictest adherence to guidelines regarding face coverings, distancing, and handwashing.

Such groups include:

- Those with a serious underlying medical condition, including heart disease, morbid obesity, diabetes, lung disease, immunocompromised, chronic kidney disease, and chronic lung disease.
- Those currently residing in a nursing home or long-term care facility
- Those age 65 and over

Stay home if you are sick or do not feel well

Saugerties Little League

FIELD SAFETY CHECKLIST

All managers, coaches, and umpires are responsible for checking field conditions before each game.

FIELD CONDITION

Backstop repair
Home plate repair
Bases secure
Pitcher's mound
Batter's box level
Batter's box marked
Grass surface (even)
Infield fence repair
Outfield fence repair
Foul lines marked
Warning track
Coaches box level
Coaches box level
Dirt needed

DUGOUTS

Fencing needs repair
Benches need repair
Roof needs repair
Clean up required

SPECTATORS AREAS

Bleachers need repair
Bleachers clean
Parking area safe

CATCHERS EQUIPMENT

Shin guards
Helmets
Throat protector
Catchers cup
Chest protector
Catcher mitt

PLAYERS EQUIPMENT

Batting helmets
Bats inspected
Shoes checked
Uniforms checked
Little League patch
Jewelry removed

SAFETY EQUIPMENT

First aid
Medical release forms
Ice for injury
Safety manual
Injury reports forms

REMEMBER SAFETY IS EVERYONE'S JOB!

Prevention is the key to reducing accidents to a minimum. Report all hazardous conditions to the league Safety Officer or a committee member immediately. Don't play on a field that is not safe or with unsafe playing equipment. Be sure your players are fully equipped at all times, especially catchers and batters. Check your team's equipment often.

Before the game: Umpires and Coaches meet at the plate.

1. Introduce plate umpires, managers, and coaches.
2. Receive official line-up cards from each team.
3. Discuss any local playing rules (time limit, playing boundaries, etc.)

4. Discuss the innings pitched by the pitcher rules.
5. Discuss the strike zone.
6. Discuss legal pitching motions or balks.
7. Discuss sportsmanlike conduct to players.
8. Clarify calling the game due to darkness or weather (rain, lighting, etc.)
9. Inspect the playing field for unsafe conditions.
10. Get a game ball from each team.
11. Be sure players are not wearing any jewelry or metallic objects.
12. Be sure all players are in full uniform, shirts are tucked in, hats on.
13. Umpires inspect equipment for damage and meet regulations.
14. Ensure the game starts on time.

During the game: Umpires and Coaches.

1. Encourage coaches to help speed play by having catchers and players on the bench prepared and ready to take the field with two outs.
2. Make sure catchers are wearing the proper equipment.
3. Encourage everyone to think safety first.
4. Continue to monitor the field for safety and playability.
5. Pitchers warming up in foul territory must have a spotter and catcher with helmet, chest protector and glove.
6. Keep the game moving - eight pitches or one minute to warm up the pitcher between innings.
7. Make calls loud and clear, signaling each call properly.
8. Umpires should be in position to make the call.
9. No arguing of any call made by the umpire, especially judgment calls.
10. Managers are responsible for keeping their fans on their best behavior.

Lightning Evacuation Procedures

1. Stop game / practice.
2. Stay away from metal fencing and lighting poles.
3. Do not hold metal bats.
4. Walk, don't run to a car. Wait for a decision on whether or not to continue with the game or practice.

Saugerties Little League Concession Stand Food Handling Procedures

NOTE: The following information is intended to help you run a healthful concession stand.

- **HAND WASHING.** Frequent and thorough hand washing remains the first line of defense in preventing food borne disease. Gloves should be used when handling foods and will provide an additional barrier to contamination, but gloves are no substitute for hand washing.
- **HEALTH AND HYGIENE.** Only healthy workers should prepare and serve food. Anyone who shows symptoms of disease (cramps, nausea, fever, vomiting, diarrhea, jaundice, etc.) or who has open sores or infected cuts on the hands should not be allowed in the food concession area. Workers should wear clean outer garments and should not smoke in the concession area. The use of hair restraints is recommended to prevent hair ending up in food products.
- **WIPING CLOTHS.** Rinse and store your wiping cloths in a bucket of sanitizer. Change the solution every two hours. Well-sanitized work surfaces prevent cross contamination and discourage flies.
- **INSECT CONTROL AND WASTE.** Keep foods covered to protect them from insects. Store pesticides away from foods. Place garbage and paper waste in a container with a tight-fitting lid. Dispose of wastewater in an approved method (do not dump it outside.) All water used should be potable water from an approved source.
- **FOOD STORAGE AND CLEANLINESS.** Keep food stored off the floor at least six inches. After your event is finished, clean the concession area and discard unusable food. Foods that require refrigeration will be kept at 41 F degrees
- **MENU.** Simple menu with potentially hazardous food items kept to a minimum. Disposable utensils will be used for food service.

SAUGERTIES LITTLE LEAGUE: Special Safety Situations

Heat Stroke: Symptoms and Treatment

[Heat stroke](#) is the most serious form of heat injury and is a medical emergency. If you suspect that someone has heat stroke -- also known as sunstroke -- you should call 911 immediately and render first aid until paramedics arrive.

It also takes a toll on healthy young athletes.

Heat stroke often occurs as a progression from milder heat-related illnesses such as heat cramps, heat syncope ([fainting](#)), and [heat exhaustion](#). But it can strike even if you have no previous signs of heat injury.

Heat stroke results from prolonged exposure to high temperatures -- usually in combination with [dehydration](#) -- which leads to failure of the body's temperature control system. The medical definition of heat stroke is a core body temperature greater than 105 degrees Fahrenheit, with complications involving the central nervous system that occur after exposure to high temperatures. Other common symptoms include [nausea](#), seizures, confusion, disorientation, and sometimes loss of consciousness or [coma](#).

- Throbbing headache
- Confusion, disorientation, staggering
- Dizziness and light-headedness
- Seizures
- Lack of sweating despite the heat
- Unconsciousness
- Red, hot, and dry skin
- Rapid shallow breathing
- Muscle weakness or cramps
- Nausea and vomiting
- Rapid heartbeat, which may be either strong or weak

If you believe heat stroke is taking place, call 911 and try to get them to a cooler place. (shade, AC, etc.)

BE AWARE OF THE FOLLOWING (ASK AND FIND OUT, DON'T WAIT TO FIND OUT UNEXPECTEDLY)

Many kids are allergic to nuts, latex, material Band-Aids are made of, medical ointment, and various other things. It is a good idea to familiarize yourself with your players and coaches prior to the start of the season. Find out if there are any special circumstances that you should know about, that way you are as prepared as possible for whatever situation could present itself.

Things to find out:

- **Any allergies**
- **Medicines that need to be taken**
- **Asthma**
- **Emergency contact #**
- **Do you have consent to make medical decisions, if needed**
- **Hospital of choice**
- ****It is a good idea to create a document that asks these questions to the parents, it will allow you to be as prepared for a situation should one arise.**

To protect players who have allergies or asthma, the team manager should ensure the following;

1. Meet with parents to identify players who have allergies or asthma.
2. Understand the severity.
3. Understand the treatment.
4. Parents of children with bee sting or food allergies, or asthma should be notified that it is important for them to remain at practices and games (or have another parent to act as surrogate) in the event of an allergic reaction or asthmatic attack, so that the appropriate medication can be administered.
5. It is also recommended that managers set a team policy that no food be allowed in the dugout. (The only exception would be sunflower seeds if manager sees appropriate and there are no allergies to sunflower seeds present with any players on the team).
6. **In the event of an asthmatic attack or allergic reaction; If parent or parent's designee is not present, 911 should be called immediately. ****

Concussions:

Any player involved in an incident where he/she is struck in the head (i.e. hit by pitch, hit by bat or batted ball, collides with another player, ground, or field structures) should be examined at time of incident for the possible existence of head concussion. The utmost care must be applied, erring on the side of

cautiousness, to ensure player's safety and well-being. Player's manager should look for the following signs of concussion;

- Dilated pupils or dazed appearance
- Slurred Speech
- Moment of unconsciousness
- Wobbly, unbalanced walk
- Disorientation
- Headache
- Nausea

Any player exhibiting any of the above symptoms, should be removed from the game (or practice) and parent notified to seek medical attention. If a collision or strike to the head was severe and the player doesn't exhibit any of the above symptoms, the manager should still consider the possibility that a concussion does exist. **Players will not be allowed to participate in future practices or games until the parent brings a medical note indicating the player has been examined and cleared to play.** Manager is required to a) notify the league coordinator of injury within 24 hours and b) forward the doctor's note to the league coordinator once the player has been cleared. **Any and all games where a player is allowed to play with a head injury that has not received a doctor's clearance, will result in a forfeit by that team in each game that injured player was an active participant.**

***** If a player suffers a head injury and the parent is not present, the manager is required to call 911 immediately for medical assistance.*****

Note: League coordinators shall notify managers to document, via email, what occurred as well as what actions were taken. Email should be forwarded to the League Secretary and League Safety Coordinator. Also, doctor's a medical note should also be forwarded to the League Secretary.

Abuse Awareness:

Saugerties Little League has adopted the Abuse Awareness program and policies of USA Baseball. The complete outline of its policy can be found here:

<https://img.mlbstatic.com/opprops-images/image/upload/opprops/wdagyzl1monctkafivi.pdf>

All volunteers will be required to complete the “Abuse Awareness” training prior to volunteering with Saugerties Little League in any capacity. To access the training please follow the directions:

1. Create an Account or Sign in to USABDevelops.com:
 - Go to USABDevelops.com or download the [USA Baseball app in the Apple App Store](#) or [Google Play](#).
 - Click “Sign in/Register”
 - Enter all required information
 - Select “Saugerties Little League” from the “Little League – Local Leagues” drop-down menu and click “+Join”
 - If you have an existing account, click your name in the top right corner, select MY ACCOUNT, and then UPDATE MY PROFILE to link your account with your local Little League.
2. Complete Abuse Awareness for Adults course:
 - Click EDUCATION
 - Select COURSES
 - Click “Abuse Awareness for Adults” → “+Enroll” → “Go to Course”
 - Complete the course
3. Print out certificate of completion and give to the Coach/Manager or Safety Coordinator:
 - Click your name in the top right corner and select MY ACCOUNT
 - Select COURSES
 - Scroll to the “Abuse Awareness for Adults” course and click DOWNLOAD CERTIFICATE

Reporting of an incident must be done within 24 hours of occurrence and the appropriate form utilized, which can be found in the concession stand. In the event that the concession stand is not open it can be obtained by sending a request via text to Becky Bertorelli, League Safety Coordinator, at 845-797-9581 or email at bvitariousbertorelli@gmail.com.

Saugerties Little League
League ID- 232-15-08

Safety and First Aid Clinic:

TO BE HELD **Annually** (**Date and location TBD**). Information will be given to the coordinators to distribute.

Managers/Coaches Softball/Baseball Fundamentals Training:

TO BE HELD **Annually on the last Saturday of March** at the large pavilion, Cantine Memorial Field Complex.

Please Note:

ALL Managers, Coaches, and Board Members are required by LL International to attend this meeting once every three years to maintain eligibility for being a coach. The importance of attending this class is to familiarize yourself with the proper ways to handle injuries that may arise during the course of the baseball season. It will also give you tips on things to look out for during the season to ensure the safety of the players and coaches as well as help raise awareness to various situations that may present themselves during the season.